

# MATTS FRIDAY GOLF CLINICS

This is a 4 week coaching clinic designed on specific areas off the golf game to help you understand new skills, techniques and drills to help improve your golf game.

Each clinic will begin from 10:30am to 12:00pm depending on numbers attending.

Costs involved are \$25.00 per session or \$80.00 (special) for all 4 clinics.

## **WEEK 1: (12<sup>th</sup> October)**

- **Full Swing (Irons only):** In this session I will be working on correct ball contact at impact position, understanding body positioning at impact and proper body rotation. This will help improve with accuracy and distance control.

## **WEEK 2: (19<sup>th</sup> October)**

- **Full Swing (Drivers/Fairway woods):** In this session I will on correct set-up positioning, understanding proper impact positioning and look at the full arc of the driver swing. This will help with achieving more distance off the tee and ball flight.

## **WEEK 3: (26<sup>th</sup> October)**

- **Chipping:** In this session we will begin with the basic techniques of chipping but later you will be learning how to use different clubs in your bag for chipping around the greens from harder positions like the rough, chipping over bunkers, chipping up slopes and awkward lies. This will help you learn to make easier decisions and give you more opportunities to lower your score.

## **WEEK 4: (2<sup>nd</sup> November)**

- **Pitching/Bunkers:** In this session you will using your wedges to learn how to control distance from 10 metres off the green to 30 metres off the green. By learning to control the length off your swing this will help get the ball closer to the hole. In the bunker you will learn basic techniques to getting the ball out but all controlling the distance as well. The closer we get the ball to the hole the less putts you will have which will lower your score.

If you have any inquires or would like to make a booking please ring Matt or Amy at the Ashburton Golf Pro Shop on (03) 3089380 or 0272123931.

Hope to see you there.

